# **CHOOSE LIFE** NEV/S

# 'PRAY' TO END ABORTION



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ISSUE #3

PRAY

**TO END** 

ABORTION

Regina PRO-LIFE

Let the babies live!

VOLUME XLII

### PRESIDENT'S MESSAGE No Act is Too Small



By Frances Stang

Summer has been busy at the SPLA office. Kemper and Juan have been working hard to promote our activities as well as increase our

presence on social media. Our office hosted the Canadian Centre for Bio-Ethical Reform team, who were in Regina to conduct workshops and doorknocking as part of their summer tour, visiting 27 Canadian cities in ten provinces.

It seemed that almost daily I received emails alerting me to new developments in the attack on the most vulnerable: the preborn, elderly, disabled, and ill, as well as assaults on the traditional family and the innocence of children. Christians are targeted; our religious rights enshrined in the Charter are in danger. These attacks are escalating as the race to the bottom intensifies.

"Recent discussions during the 53rd UN Human Rights Council have raised legitimate concerns about the potential impact of enforcing LGBT standards within religious contexts. A report was released that claims religious freedom violates LGBT rights." (CitizenGo.org)

Being assaulted on many fronts makes it difficult to keep one's focus and to remain optimistic and committed. But we know that God will not let us down. As we enter a new school year and renewed activities after a summer break, let us be ever mindful of those we are called to help. Action is becoming necessary and critical.

Those working to destroy the family and all we hold dear are well funded and well connected. Governments on all levels and many corporations have adopted ESG (Environmental, Social, and corporate Governance) and DEI (Diversity, Equity and Inclusion) principles, at the expense of common sense and common decency, putting lives and our world at risk. These ideologies sound good and are presented with slick marketing campaigns, but they strike at the heart of the Judeo-Christian principles that have led to the many great achievements of mankind.

There is an internet meme going around that many people agree with. It goes: "The older I get, the more I realize I just need the simple things in life: a comfy home, good food on the table and [to be] surrounded by the people I love."

This is a good place to start, not to finish. These comforts give a stable place from which to go out into the world and fulfill our calling. It is disturbing that this is how most people approach life today: focusing on comfort and "self-care," and ignoring the assaults on morality. Seeking comfort as the highest good has enabled evil to flourish. We have often failed to confront evil because we didn't "want to make waves" or believed it did not affect us personally.

At this year's provincial Catholic Women's League Convention, Fr. Peter Nnanga, the provincial spiritual advisor, expressed that we are not called to be good— anyone can be good. Rather, as children of God, we are called to be holy, to do more, to strive to be all that God wants us to be.

I sometimes think that at 71, I needn't be concerned with all the bad stuff going on in the world today— that I have 'done my part' and am now entitled to "the simple things in life." Then, my conscience reminds me about Abraham, who not only received his calling from God at an advanced age, but who obeyed in faith and trust.

I implore you to consider taking a more active role in Sask Pro-Life. Several areas of the province lack representation on the Board of Directors. As well, we are in need of a recording Secretary for our meetings. You will be welcomed with open arms, friendship, and support. We need members to write and call MLAs, MPs, the Premier, and the Prime Minister, to bring justice for the preborn and those in danger of MAiD. We need people to show up to pro-life events, to be the public face of our organization, to be all that we are called to be. **Lives are depending on us.** 

Nobody made a greater mistake than he who did nothing because he could do only a little. —Edmund Burke 🎔



# ROLE MODEL Why be a Barbie, when you can be a mother?

Why settle for a Ken, when you can have a faithful husband?

Why invest your best years in accessories, when you can invest them in your own children?

Why work for others' esteem, when you can generate spiritual wealth for a lasting heritage?

Remember, woman of the 21st century: it's not what you do equal to man that makes you valuable, it's what only you can do as a woman that distinguishes you.

Mothers are nation builders. 🎔

# EDITORIAL Your Job is to Work Yourself Out of a Job



### By Mariette Ulrich

For the love of Motherhood, how did that happen? I am officially an empty-nester. For three-plus decades, my house was

(literally) overrun with little girls. Now our youngest daughter has left home and embarked on post-secondary studies. I don't know where those years went. The house is silent and I sometimes feel bereft. I'm never bored, however! As Frances noted in her message, now is not the time for 'young' seniors to sit back and put their feet up, but to set out on new paths of service.

Of course, parenthood never ends: our adult children continue to benefit from—and are appreciative of— various kinds of help, from spiritual to practical. I have grandchildren (praise the Lord!): in July we welcomed our seventh. It is a joy to see these precious babies grow up, and to watch the adult lives of our daughters unfold. I am proud of my children's accomplishments, and thankful for the many blessings they have given me. Far from taking credit, I thank God that his love and mercy so often compensated for my own failings as a parent.

As a mother of youngsters, it was my duty to work myself out of a job. The same is true for the pro-life movement: our *raison d'etre* is so that society may reach a point where pro-life groups no longer have a *raison d'etre*. Not all nonprofits can say that: Planned Parenthood, for example— which is mislabeled as a non-profit because it rakes in hundreds of millions every year, if not from its destructive "services," then from government and corporate grants. Their goal is to keep the money flowing and to maintain their jobs as they wreak havoc in the world. PP's founder, Margaret Sanger, was a racist and eugenicist who wanted to reduce the number of people who did not share her skin colour; who were "mental defectives;" or who possessed other undesirable traits, such as being Slavic. Like other delusional radicals of the early 20th century, she wanted to create a superior human race by eliminating the unworthy and "subnormal." But I digress.

As Abby Johnson has revealed, Planned Parenthood is in the business of increasing business. Where once they pressured staff to increase abortion numbers, now they enthusiastically peddle hormones to "trans" youth. The rationale is that the most abortions they can sell to any given woman is somewhere between 2-6, and those interactions could be months or years apart. But someone taking cross-sex hormones becomes a monthly customer-for-life, so Planned Parenthood has gone all-in promoting transgender ideology. We will perhaps never succeed in shuttering this diabolical organization, but the least we can do is keep it out of our schools.

When pro-life groups fundraise, our dearest wish is that it would be the last fundraiser we ever have to do. Pro-lifers would love to be 'unemployed.' We long to live in a society where pro-life activism is unnecessary, because everyone values human life so dearly, that we would never think of killing the unborn, the disabled, the mentally ill, the lonely, the elderly, or (God help us) the poor.

Our work continues and we need labourers in the vineyard. Everyone has a role to play; will you embrace yours? May God give us perseverance and faith as we work to achieve a society that values the dignity of human life, even in its smallness and suffering. ♥

# Calendar of events

### MONTHLY Latin Mass for Life,

**Regina:** 7:00 PM, Second THURSDAY of every month. St. Mary's Roman Catholic Parish, 2026 Winnipeg St.

SEPT 17 (Sun): Millennium Pro-Life Cross Pilgrimage. 3:00 PM, 10.8 km NE of Aberdeen SK on Hwy #41 (See poster on page 9)

### SEPT 20 (Wed)—OCT 30 (Mon):

**Forty Hours for Life, Saskatoon.** Hosted by Campaign Life Coalition SK. Monday to Friday, 9:00 AM to NOON (choice of three 1-hr time slots). Meet on the corner of 5th Avenue and Queen Street, Saskatoon. For information: ph (306) 249-2764 or email campaignlifesk@gmail.com

SEPT 22 (Fri): Saskatoon Pregnancy Options & Support Centre Fundraising Gala. Dinner at Prairieland Park, 503 Ruth St. W, Saskatoon. (306) 665-7550; email: contact@saskatoonpregnancyoptions. com (See poster on page 11).

SEPT 23 (Saturday): Battlefords RTL Annual Walk for Life. Registration 9:00 AM, St. Joseph parish hall, 1942 98th street, North Battleford. Walk begins 9:45 AM. Transportation provided from monument at cemetery back to church hall for lunch. Call (306) 937-7683

#### OCT 1 (Sunday): National Life Chain.

Held in more than 200 locations across Canada each year from 2:00-3:00 PM. Contact your local pro-life group for specific locations or visit campaignlifecoalition.com/life-chain for registered locations.

#### OCT 13-15 (Fri-Sun): Rachel's

Vineyard Retreat. Suffering after an abortion? Attend a Rachel's Vineyard retreat and find healing and hope. For information or to register, call Elaine (306) 480-8911 or email r.vineyardsk@sasktel.net

# ACTION ITEM Time to Ban Planned Parenthood from Canadian Schools

By Pete Baklinski

When did schools move from becoming places of education to places of indoctrination in perverted and dangerous sex practices? Schools were created to educate children in the basics of reading, writing, and arithmetic; to teach children about history and about the world we live in; to teach them to be virtuous and to strive for the higher things. Schools have now become hijacked by sex activists.

Last school year, the anti-life and antifamily organization Planned Parenthood [Regina] gave a presentation to children at Lumsden High School. Students accessed and brought home "Sex: from A-Z" flashcards that gave tips specifically to "young people" on how to perform harmful and perverted acts. The flashcards ended up on social media where concerned parents expressed shock and outrage.

The flashcards appear to have been created using the veneer of 'health and safety' to groom youths who identify as LGBT into [trying] truly disgusting practices and fetishes. I can't even quote from the content on these flashcards it's that vile. But to give you an idea, the cards introduce youth to urinating and defecating on partners, eating excrement, engaging in [sexual activity] through a hole in the wall with strangers, and being forcibly restrained during sexual encounters. These practices can result in bodily harm along with a host of diseases and viruses, potentially leading to death.

When news of this came to Saskatchewan's Minister of Education. Dustin Duncan, he rightly decided to suspend Planned Parenthood from all Saskatchewan schools. Bravo! Duncan told reporters that he was so shocked by the material that he was uncomfortable describing to them the content of the flashcards. "I think it gives you a sense that if I feel uncomfortable, saying that to the media, and it's likely some of that won't be broadcast because of the nature of it... is an indication that it doesn't need to be in the classroom," he told reporters. Duncan described the material as "completely inappropriate."

Did Planned Parenthood apologize to parents? Nope. It not only defended the



flashcards, stating that they're meant for "LGBTQ2 youth," but it said it was "surprised" by the suspension. Planned Parenthood's defense of the perverted material is simply appalling. No young person, no matter how they might identify, should be able to access such disgusting filth from any organization that works with schools. The response shows the real and even deadly risk this organization poses to young people.

Planned Parenthood exists to promote abortion, contraception, and harmful sexual lifestyles. It states that traditional understandings of masculine and feminine "are harmful." Planned Parenthood Regina's social media posts promote prostitution as valid "work" and promote sex shows, along with other explicit content.

Planned Parenthood is a threat to children's well-being and safety. It's time for parents everywhere to band together and demand that Education Ministers from all provinces and territories permanently ban Planned Parenthood from all schools. Parents must rally together and stand united in protecting the well-being and innocence of children. Together, we can make a difference and create a safe and nurturing learning environment.

Please sign CLC's new petition to Provincial/Territorial Ministers of Education asking them to permanently ban Planned Parenthood from all schools across the country. www.campaignlifecoalition.com/petit ion/id/67 ♥

Pete Baklinski is the Director of Communications for Campaign Life Coalition. Article reprinted with permission; edited for length.

Editor's Note: RightNow is also sponsoring a petition to defund Planned Parenthood Regina: www.itstartsrightnow.ca/defund\_pla nned\_parenthood\_regina

## BILL C-311 Bill Defeated but Progress Was Made

#### A Message from We Need a Law

In June 2023, Bill C-311, the Violence Against Pregnant Women Act, was debated for the second time in Parliament before being voted down 205-113. This bill would have added to sentencing requirements so that someone who killed or injured a pregnant woman would face a harsher sentence than a similar criminal who assaulted someone who was not pregnant.

This would have recognized the unique vulnerability of pregnant women (the group at highest risk of intimate partner violence) as well as the value of their pre-born child. Unfortunately, the Canadian government remains unwilling to grant pre-born children any protection, even when they are victims of crime along with their mothers.

The result of this vote was encouraging though, even if the outcome was not what we would have liked. This bill saw 113 votes in favour! A similar law voted on in 2016 had only 76 MPs vote in favour. This shows that this conversation is ongoing in Canada, as we continue to look for ways to bring justice for our pre-born neighbours. Bill C-311 achieved a valuable objective in bringing government and public attention to pre-born victims of crime. With your support, through the There Were Two campaign, we were able to effectively and repeatedly share the message that a crime against a pregnant woman has two victims. We heard from MPs that postcards asking for support of the bill were flooding their offices, and we know that many of you took the time to email or phone your MP to talk to them about the need for a pre-born victims of crime law.

Many also delivered flyers in their neighbourhoods to inform their communities about this injustice. Thanks to your engagement, we are confident that no MP voted without knowing what they were doing.

We are grateful for MP Cathay Wagantall's courage in championing this issue and for the many MPs who joined her in voting in support of this bill. We are thankful for the ongoing conversation around the injustice in Canadian law when it comes to preborn victims of crime. And we are thankful for the framework developed around the There Were Two campaign to ensure it will be an ongoing initiative, as we continue to advocate for pre-born



children who go unrecognized when they are victims of violent crime.

You can find out how your MP voted on the House of Commons website. Feel free to send them a quick email expressing either appreciation or disappointment and asking them again to use their position to speak for those who cannot speak for themselves. **•** 

Article and image first appeared on the WNAL blog: **weneedalaw.ca.** Reprinted with permission.

# **Have Your Say!**

Share your news and views with Sask Pro-Life:

- Report or photos of your pro-life group's recent event
- Letter to the Editor
- · Promotion for an upcoming pro-life project or activity
- Feature Article or Op-Ed

Contact the Sask Pro-Life office, or email our Editor: editor@saskprolife.com The next issue of *Choose Life News* is scheduled for February 2024. **SUBMISSION DEADLINE for the Spring issue: January 15, 2024** 





Pro-life activists march in Rome, May 2023. (Photo by Stefano Montesi - Corbis via Getty Images)

### INTERNATIONAL Not All Hope is Lost for Italy

By Katarina Carranco

Some 40,000 people paraded joyfully in the streets of Rome on the 20th of May for this year's annual March for Life. Their goal: to promote a new culture and rally support for life and the family, especially the most fragile: the unborn, the disabled, the elderly, and mothers with difficult pregnancies.

Braving the cool and wet weather, marchers from several countries joined pro-life Italians and families with children, religious sisters, seminarians and priests, and countless young people to bear witness to the sanctity of life. The enthusiastic crowd marched two kilometers, beginning at Rome's Piazza della Repubblica, passing the papal basilica of St. Mary Major, and ending at the Piazza of the Papal Basilica of St. John Lateran. Marchers cheerfully sang, played music, and prayed the rosary along the way.

Italy today faces a demographic crisis of unparalleled proportions. The number of deaths has exceeded that of newborns for at least five years. In a country whose birth rate is at an all-time record low – having fallen below 400,000 annual births according to official estimates – the sight of thousands of people marching for life truly brings hope and demonstrates that Italian society solidly supports life and defends it in all its stages. To witness it was inspiring and persuasive.

During his powerful speech, march organizer Massimo Gandolfini reaffirmed that Italians do not support abortion, euthanasia, abortifacient drugs, or surrogacy. Abortion advocates have declared the opposite, of course, but supporters of life have demanded the incentives, resources, and policies necessary to promote and support families:

- Encourage and reward children and motherhood.
- Promote the harmony of work and family.
- Continue the fight against drugs and addictions.
- Support the disabled and their

families.

- Combat inhuman practices like the "womb for rent" industry and proposals advocating assisted suicide for the elderly, frail, or disabled.
- Focus on strengthening health care and increasing the availability of palliative care.

President of the Italian Chamber of Deputies, Lorenzo Fontana, and Cardinal Matteo Maria Zuppi, President of the Italian Bishops' Conference, both wrote encouraging letters of support that were read at the March.

In his letter, Cardinal Zuppi wrote:

Life is always beautiful when it is loved... This is why we say no to the culture of death, which begins with indifference, with the belief that desires are rights. We say yes to the culture of life, starting with that of the little ones and the last, the rejected and the unaccepted. This is the challenge that awaits us.

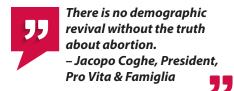
continued on page 7

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In attendance and advocating the event were 120 organizations and associations from all over Italy. In his remarks, Jacopo Coghe, a pro-life champion in Italy and spokesperson for Pro Vita & Famiglia, reinforced the fact that "no demographic revival will ever be possible if we continue to keep silent about the truth about abortion, which is the suppression of a life, a harmless and innocent human being in the womb."

Coghe insisted that only a convinced pro-life culture will save the destiny of Italy. Economic, social, and cultural measures that protect maternity and paternity are indispensable. Only in this way can we reverse the damage from Law 194, which introduced abortion in Italy and is responsible for preventing the birth of some six million unborn children.

Coghe strongly defended fatherhood as well as motherhood, fundamental social values in promoting the common good. With strong families, he said, we will have a fighting chance in the battle to



reverse the widespread individualistic and anti-natalist culture.

Event organizer Maria Rachele Ruiu encouraged people to "get married, have children, look after everyone, especially the most fragile, from the smallest child in the womb. Always help the mother and father who fear having children in an uncertain future. Reach out to the victims of practices like the 'rented uterus' that make life a mere commodity," she said.

Ruiu called on the crowd to reject what Pope Francis has called the "throwaway culture," whose victims are always the most fragile and vulnerable in society. She strongly proclaimed that "if Italy wants to start again, it can only do it from here: the State has the task of supporting policies that reward a higher birth rate, one baby at a time." While "Demonstration for Life," which organized the event, is not affiliated with any political party, Ruiu firmly asserted that the "defense of life, defense of the natural family, defense of the educational freedom of parents [lies in their] politics."

The March, attended by thousands, offered a heartening contrast to the "Wish for a Baby" fair, an event held in Milan the same day, where surrogacy, IVF, and medically assisted procreation were featured.

In her speech, Ruiu called these procedures the "slavery of the third millennium." To counteract it, she implored the thousands of pro-life participants in the piazza that day in Rome to bear a strong witness and "restart the whole of society and truly protect everyone" by investing in family and life! **\*** 

Article and image courtesy of the Population Research Institute **pop.org.** Used with permission.

No one should face an unexpected pregnancy alone.



Northeast Pregnancy Options offers free and confidential support services to individuals facing unexpected pregnancy. This includes free pregnancy tests, options information, community referrals, material items, prenatal + parenting education, as well as our support groups (Mom's Group, Prenatal, Post-Abortion)

pregnancy options

We are located in Melfort, SK. We are a safe, nonjudgemental, non-political space that offers compassionate support to women and families in Northeast Saskatchewan. We believe every individual deserves compassionate care - no matter who they are, the cirumstances in their life, or the choice they make.

The continual operation of our centre requires consistent funding. **Do you feel passionate about supporting women and families facing unexpected pregnancy?** 

If you would like to show support by making a onetime donation, if you feel led to become a monthly donor, or for more information about our centre you can contact us here:

CALL: 306 921 5528 EMAIL: northeastpregnancyoptions@gmail.com

www.northeastpregnancyoptions.com

## EUTHANASIA Choose Life for Mentally III Canadians



#### By David Cooke

We need your help fighting Trudeau's ever-expanding euthanasia program. Conservative MP Ed Fast (Abbotsford, BC) has brought forward a private member's bill to defend the mentally ill from euthanasia. We need to urge every Member of Parliament to support this common-sense bill. Mr. Fast's bill C-314 (the "Mental Health Protection Act") prohibits the killing of Canadians who request assisted suicide on the grounds of their psychiatric or psychological condition. It ensures [that] people who suffer with mental illness may be treated with positive, life-affirming therapies instead of being offered a death-affirming "final solution."

Our health care system has already begun to morph into a "death care system," where killing becomes the "cure." **Bill C-314 will help reverse this trend.** 

Do you know anyone who struggles with depression, anxiety, obsessivecompulsive disorder, addiction, anorexia, or even gender dysphoria? Many of these troubled souls express a dissatisfaction with their lives or even a desire to die. Some are convinced that life is hopeless. Unfortunately, the Trudeau government's MAiD service feeds into these false perceptions by presenting euthanasia as a valid option and basic "right" for mental health patients.

Their eligibility for a lethal injection has already been approved and is set to take effect on March 17, 2024. In fact, the killing of mental patients was originally scheduled to begin this past March 17, 2023, but public pressure forced a one-year reprieve. We thank God for that reprieve, since it gives us more time to speak up and save lives!

Dr. Sephora Tang, a psychiatrist and assistant professor in the Department of Psychiatry at the University of Ottawa, explains the problem with legalizing euthanasia as a "treatment option" for mental illness:

One cannot prevent suicide while at the same time facilitating it. Placing expectations upon mental health professionals to do both undermines the effective delivery of recovery-oriented mental health care. Canadians deserve to live in a country that is committed to safeguarding the right to life and security of every person. Current MAiD legislation fails to achieve this overarching social good.

MP Ed Fast introduced his Mental Health Protection Act in February 2023. Last spring, it received its first hour of debate in the House of Commons and is currently at "Second Reading" stage. It is critical we contact our MPs and urge their support for bill C-314.

Mr. Fast raised this question in Parliament: Have we gone too far and too fast with Canada's assisted suicide program? Will we evolve into a culture of death as the preferred option for those who suffer from mental illness or will we choose life? I implore my colleagues to choose life. I wish them much wisdom as they make that choice.

Don't delay contacting your MP. The lives of mentally ill loved ones, friends, and neighbours are at stake! Tell your MP to support Bill C-314. www.votervoice.net/CALIFE/Campaig ns/103324/Respond ♥

David Cooke is the Campaign Manager for Campaign Life Coalition. Article used with permission.

# In Thanksgiving

With profound gratitude, Sask Pro-Life Association Inc. wishes to acknowledge the bequest of \$1000 from the estate of the late Mrs. Laura Berscheid of Watson, SK.

May God grant her eternal rest, and may she be lovingly remembered for this generous legacy to assist pro-life work in Saskatchewan.



# **21**<sup>st</sup> ANNUAL PILGRIMAGE AT THE MILLENNIUM PRO-LIFE CROSS,

A Living Rosary is celebrated alongside other prayers.

### Sunday, September 17, 2023 - 3:00pm

Location: 10.8 km N.E. of Aberdeen, SK on HWY #41

Keynote speaker **Most Rev. Bishop-Emeritus John Pazak, C.Ss.R.,** Byzantine Catholic Eparchy of the Protection of the Most Holy Mother of God Of Phoenix

> Visit the Pro-life information tables Free will offerings for concession

Bring your own rosary & chair Carpooling encourage, bring a friend!

www.prolifemillenniumcross.ca Sponsored by the Knights of Columbus

### **KEEP LIFE SACRED!**

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#### FALL 2023 9

### BUILDING A CULTURE OF LIFE One Act of Love at a Time

#### **By Elizabeth Connelly**

We live in a culture of death. Many people have no hope. Babies are being killed before they take their first breath. Our seniors are choosing to die based on what is most convenient. How can we oppose such evil? Do we go to every single Pro-Life Gala we can afford? Do we drive to every province just so we can attend all March for Life events being put on? If we are being honest with ourselves, no, we can't always do that. We must learn to be pro-life in our everyday lives and change the world by changing the culture one act of love at a time.

So my friends, how do we do this? As I was preparing for this article, I decided to ask other young people about their experience of living out what it means to be pro-life as a lifestyle. After lots of interesting conversations, with many people defaulting to "get married and have children" (which is one of the best ways to live this out), here are a few thoughts that I would like to share with you.

1. Build a healthy fraternity. Without fraternity, people fall into loneliness, anxiety, anger, depression, etc. When we

build friendships, we are showing the world what a true community looks like: a community where people are encouraged, loved, affirmed, and wanted. This is what a pro-life culture looks like, and it can be lived out anywhere in the world.

2. Use your talents. Young people need to pursue and nurture their God-given talents and share them with the world. If you love writing, write an article for *Choose Life News* magazine. If you love dancing, host a fundraiser for a pro-life organization. Even if your talents do not directly correlate with the pro-life movement, live them out. Every talent is a bridge to someone else's world. Remember that no matter who you are, or what you like doing, you have something to offer.

3. Go to local events. Get on your phone and check online to see what pro-life events are happening in your town or city. When you go to these events you are not only supporting local pro-life initiatives and actively promoting a culture of life, but also building community with like-minded people who can encourage you and help you in your desire to be pro-life. 4. Reach out to all people you encounter. Maybe this looks like talking to a homeless man or smiling at that mean person at work. Move outside your regular circle of influence and be missionaries to those out on the peripheries. If we genuinely love the people we encounter, it shows the world two things: first, that every person matters, no matter how small, old, or disadvantaged; and second, that there is beauty, truth, and goodness in the world. I think that this is one of the hardest but most effective ways to show the world what a culture of life looks like.

5. Have an active prayer life. If we keep Christ at the center of our lives, then we are cultivating the most important relationship. Prayer will give us the fuel to live out a culture of life. Christ is the giver of life and so we must cling to Him so that we might become bearers of light to a world so clouded in darkness.

When we do all these things, we are promoting a culture of life, but that is not possible if we do not love. As Paul writes in 1 Corinthians 13, "If I have all faith, so as to remove mountains, but have not love, I am nothing. If I give away all I have, and if I deliver my body to be burned, but have not love, I gain nothing." No matter where you are, or who you are talking to, keep love as the central motivation for everything you do. Remember, all it takes is one act of love at a time. ♥







Pregnancy Options and Support CENTRE

Live Performance Painter Ramona Swift-Thiessen

# GROWING TOGETHER ANNUAL GALA

# **& SILENT AUCTION**

Friday, September 22, 2023

Doors open at 5:30. Dinner to start at 6:15.

WORLD TRADE CENTER SASKATOON Trade & Convertion Center 503 Ruth Street West

Reserve your Complimentary Tickets using the QR Code by September 12

Email: contact@saskatoonpregnancy.com Tel: 306-665-7550 Website: saskatoonpregnancy.com



**CHOOSE VIIFE NEWS** 

# **REGINA YOUTH IN ACTION Changing Minds and Saving Lives: Pro-Life Outreach in Regina**

#### By Jeffrey Owen, CCBR

An enthusiastic team of 18 staff and summer interns from the Canadian Centre for Bio-Ethical Reform (CCBR) visited Regina in June, providing two "Faces of Abortion" presentations, 15 pro-life apologetics workshops, and a week of life-saving outreach. CCBR greatly appreciated receiving support from Regina Pro-Life Assoc., and Sask Pro-Life Assoc., to facilitate a presentation and a workspace for apologetics training. The Compass Church and Holy Trinity Parish graciously hosted the presentations and local supporters provided accommodations and meals for the CCBR team; all contributed greatly to the success of this trip!

The week's activities included doorknocking and public outreach: in downtown Regina, on post-secondary campuses, and near local high schools. Local volunteers also had the opportunity to receive mentorship during this outreach. This enabled 281 conversations about abortion, with many individuals supporting abortion at the start of these conversations. Half of the pro-choice people came to reject abortion completely or in some circumstances through a short



conversation using CCBR's apologetics strategy, with 32% becoming fully prolife and 18% becoming 'more' pro-life!

Complementing this conversational strategy with the use of abortion victim photography during this extensive week of pro-life action led to approximately 35,000 people viewing the heartbreaking reality of what abortion does to a preborn child. CCBR's data demonstrate that approximately twothirds of these 35,000 people will now feel more negatively about abortion.

Encouraged by CCBR's apologetics training and the success of this pro-life outreach, a team of 15 young adults banded together to begin regular doorknocking in Regina. The Regina Against Abortion team has already completed seven door-knocking shifts and engaged in just over 100 conversations. Of the pro-choice individuals they have engaged in conversation, 23% of these folks have come to reject abortion completely (or in some circumstances). Inspiring other pro-lifers to get involved in the Regina Pro-Life community and take advantage of CCBR's conversational skills training has been another major opportunity.

The Regina Against Abortion team looks forward to continuing door-knocking this fall. Grade 12 student, Jackson Joubert, has been working with CCBR's



Western Community Outreach Coordinator, Jeff Owen, to refine the team's apologetics skills while growing the team. Jeff recently returned to Regina for more mentorship with doorknocking. In addition, a team picnic in Wascana Park over the August long weekend aided community-building and brought out five new recruits.

How can you help? The Regina Against Abortion team needs more members to magnify their outreach this fall, and door-knocking is truly accessible for everyone. The first step is to contact Jeff Owen at jowen@endthekilling.ca or (587) 434-1396. Take CCBR's 1-hour apologetics training on Zoom and connect with the Regina Against Abortion team. You can also financially support the door-knocking team by donating to the Regina Pro-Life Association, specifying "door-knocking" in the message box:

www.canadahelps.org/en/dn/19847? v2=true

Thank you for your interest and your consideration about supporting this pro-life outreach. Your prayers for the Regina Against Abortion team and their work are also greatly appreciated! **P** 



### PRO-LIFE ESTEVAN & AREA Rest in Peace

Pro-Life Estevan & Area bids farewell to Mrs. Margaret (Molly) Heier, a faithful mother, respected community member, and pro-life advocate.



Submitted by Bridget Bittman

Mom was born in Trinidad (in the Caribbean) in 1936, into a family of seven children. She had an affluent life, schooled by wonderful nuns in a Catholic school. At 18, Mom was invited to stay with her Uncle Phil Samuel, who was a dentist in Estevan. At a dance with friends, she met our dad, Audie Heier, who actively pursued her: not only was she very beautiful, but she also had strong morals and values. He knew he had a safe, faithful home in her.

They married in 1957 and went on to raise ten children. This certainly had its challenges through the 60's, 70's & 80's because of the "culture of death" brought on by the sexual revolution and general rebellion over the years. The convents and the seminaries were emptying out and the Church in Canada was becoming so liberal. Mom took the younger six kids out of school and sent them all to Caronport, SK and then to Franciscan University of Steubenville, Ohio— a powerhouse charismatic Holy Spirit filled environment.

Mom opened up her own St. Joseph's Prayer Centre, Bookstore and Gift Shop. She took her faith as seriously as her commitment to marriage and family, and understood the soul was infinitely more important than temporal happiness. Fighting against the world, the flesh and the devil was very real for Mom. The Bible, prayer, Mass and the sacraments were all important tools to equip for the fight. The challenge to invite everyone and anyone to prayer was constant; her stance, unwavering. All her children are generous in spirit and welcoming. Most are active in their faith and various outreaches: music, teaching, counselling, and pro-life work.

Since Dad's passing 22 years ago, Mom always said, "God could take me any time!" But she never sat around waiting. Up to days before her passing at 87, Mom hosted company, attended Mass & Adoration several times per week, and was still actively running her Bookstore and Prayer Centre. She died very peacefully, at home, with family and friends and talking on the phone with her grandchildren. ♥

# **Exciting Billboard Update**



New sign in Kenaston Saskatchewan, co-sponsored by Sask Pro-Life Association, and Pro-Life Estevan & Area. It was put up by Rodney Sidloski of Weyburn & District Pro-Life.

In addition to those pictured, we are currently working with three more signs. Two will be placed on the Yellowhead Highway #16 at Maymont,



New billboard near McTaggart, Saskatchewan, through Rodney Sidloski. It was sponsored by Pro-Life Estevan & Area.

Saskatchewan, in partnership with Battlefords Right to Life. Another will be on the Trans-Canada #1 Highway at Wolseley, SK, in partnership with the Knights of Columbus. This will be a total of eight new road signs proclaiming the pro-life message in our province! **♥** 

**CHOOSE VLIFE NEWS** 

# **Prayer for a Mother Considering an Abortion**



God of all grace, out of fatherly, divine goodness and mercy You have given us life and commanded us not to hurt or harm our neighbour in his body. Teach us to care for this unborn child whom You have created in Your image. Grant Your grace to (Name of Mother) that, by Your Word and Spirit, she may live according to Your will and have the courage to nurture and cherish her child. Surround her with those who will rejoice in this child, and provide for her needs of body and soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen

Prayer courtesy of Lutherans for Life: lutheransforlife.org

### SK Government Makes Encouraging Decision Regarding Parental Rights

Sask Pro-Life Association applauds the Saskatchewan Government for its recent decision regarding student name/pronoun changes in schools. Education minister Dustin Duncan says teachers must now seek parental consent when children under 16 want to change their names or pronouns. Duncan stated that the province decided to standardize pronoun and naming policies, as they varied from one school division to another.

"If we are requiring school divisions to get parental consent to a half-day field trip to the science centre, I think we need to be treating this issue with the same amount of seriousness," said Duncan.

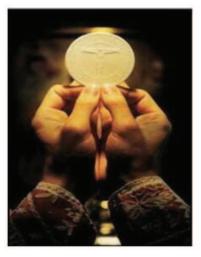
SPLA sees this as a positive move in the direction of supporting parental rights, and would like to see a similar policy extended to the issue of minors undergoing abortions in our province.

Editor: Quotations taken from National Post story:

https://nationalpost.com/news/saska tchewan-students-pronouns



### MONTHLY LATIN MASS FOR LIFE



### 7:00 PM

Every second Thursday of the Month

St. Mary's Roman Catholic Parish

2060 Winnipeg St., Regina

### The Mass is the most powerful prayer!

Come join us as we pray for an end to abortion & euthanasia (MAiD) For respect for the sanctity of **all** life, from conception to natural death



### **CHOOSE VLIFE NEWS**

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In 2022, there were approximately 1100 lives lost due to induced abortion in Regina at the General Hospital. Join members of the pro-life community to prayerfully witness for the lives ended in abortion in Saskatchewan and around the world.

# Life Chain

# Sunday, October 1, 2023

from 2 - 3 PM

### Corner of Albert and College (FOR EVERYONES SAFETY PLEASE USE THE CROSS

WALK WHEN CROSSING THE STREET)

Regina, Saskatchewan

Sponsored by:



For more information, please contact us at 306-569-1985 or at <u>rpla@sasktel.net</u>.



### **TEEN-AID SASKATCHEWAN**

# **Correction**

Teen-Aid Saskatchewan wishes to rectify an error that was made in the "2023 Scholarship Winners" article published in the Summer issue of Choose Life News. The error was regarding the information about second-place winner Hope Thebeau, which incorrectly stated that Hope was a graduate of Bishop Murray High School in Saskatoon. In fact, Hope is a graduate of Bishop James Mahoney High School in Saskatoon. We

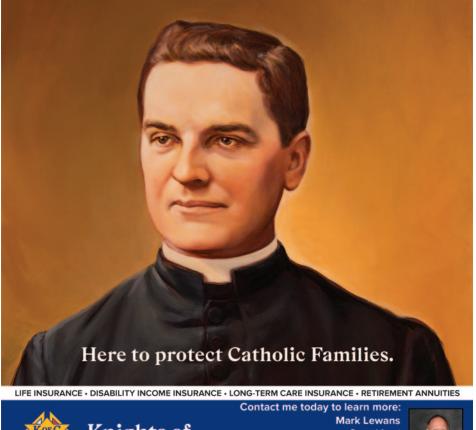


apologize for any confusion this may have caused. 🎔



### **PRO-LIFE FLAGS <sup>\$</sup>50 CONTACT THE SPLA OFFICE**

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General Agent (306) 949-0270 ane@kofc or

### **Grandparents' Day**

**Sunday September 10** 



Grandparents are a family's strongest foundation. They are the founders of a loving legacy and the keepers of family traditions that linger on in cherished memories. - Author Unknown

# **Donations In Memoriam**

Donations were made in memory of the following persons:

Karen Beckie Helen Kathleen Bereti Stanley Fornwald Otto Hesse Dan J. Hudec

If you would like to make a donation in memory of someone, contact the office or visit saskprolife.com/memoriam. 🎔



**CHOOSE VLIFE** NEWS

16 | FALL 2023

# Sask K of c based of the second of the secon

Earnings from our Capital Fund and Endowments create, administer and advocate for programs and services that help families in need, support our Catholic values and develop future leaders within our Church .

- Capital Fund
- Vocations Endowment
  - Indigenous and Non-Indigenous Relations Endowment
- Scholarships & Bursaries
- **Memorial Donations**
- Food For Families
  - Coats For Kids

### EFT – eTransfers

donations@saskkofc.foundation Security Question: Knights of Answer: Columbus Message: (Your phone # or Email)

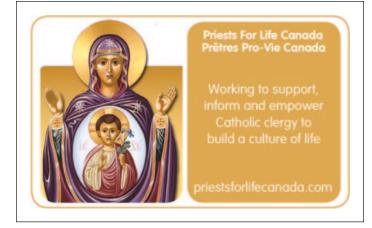
# **Donation Options**

Credit Card – online www.saskkofc.foundation Tab – Donate Now

### Cheques – Mail PO Box 61 Moose Jaw, SK S6H 4N7

A tax receipt will be issued. Reg. Charity 134432327RR001

CHOOSE VLIFE NEWS



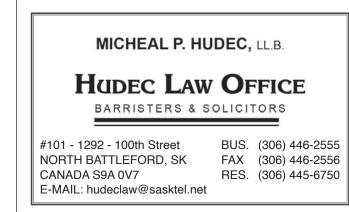
Testament

Saskatchewan Pro-Life supporters and members who may wish to make a specific bequest in their wills, the following clause is suggested:

"I DIRECT MY TRUSTEE TO GIVE TO THE Saskatchewan Pro-life Association Inc. the sum of dollars."

Enquiries concerning bequests or other gifts should be directed to: Saskatchewan Pro-Life Association Box 27093, Avonhurst RPO • Regina, SK S4R 8R8

Ph: 352-3480 (call or text) 992-6941 • Email: info@saskprolife.cor







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Cell: 306-861-6562 (Text) Email: jeromesidloski@barbermotors.com Web Site: www.barbermotors.gm.ca



nfpsask.ca

For information on the Billings Ovulation Method

Natural Family Planning Association Saskatchewan Inc. Box 3807 Humboldt SK S0K 2A0

Burns Hanley Church Supplies Ltd. 2727-13th Ave Regina SK S4T 1N4 Books, Candles, Religious Articles/Gifts, Wedding Invitations Ed & Carol Anne Toll Free: 1-800-667-3606 Phone: (306) 522-6636 Landgraf Fax: (306) 522-6637



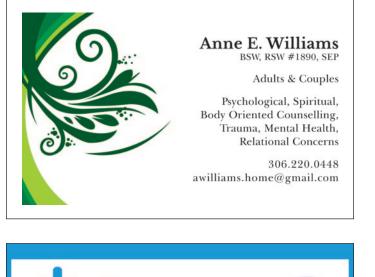
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SASKATCHEWAN



### **FOLLOW THESE EASY STEPS:**

1) At home, separate your recycling: put plastics, cartons and aluminum cans into bags; put glass beverage containers into boxes. Don't forget to include milk containers!

2) Visit a SARCAN Depot and look for Drop & Go.

3) Follow instructions on the screen. Type SPLA when prompted to enter the group phrase. It's simple!

4) The amount of your order will be processed and paid directly to Sask Pro-Life.

The group phrase works at all SARCAN depots across the province, so your friends and family across Saskatchewan can donate too!



Return undeliverable copies to: Saskatchewan Pro-Life Association Box 27093, Avonhurst RPO Regina, SK. S4R 8R8

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